



## Harbor-UCLA Chapter of the National Management Association

# *"Developing the Leader in You"*

## *President's Message*



We wish you all a very warm and relaxing holiday with friends and family!

Be sure and attend our annual holiday party December 2, noon in the Assembly room ... this year it is "Holiday Celebrations Around The World". Board members are chipping in to make this a very festive and fun event! More of a party than a meeting. We would love to see you there!

I had the extreme pleasure of representing our chapter at the NMA National Leadership Conference in San Diego earlier this month. Over 300 attended from all over the USA. The workshop topics were very inspiring and I came away with a lot of ideas for our chapter to look at in the upcoming months. Be sure and read the overview of the conference in this newsletter by our good friend and supporter Avis French, NMA Associate National Director. Avis was kind enough offer to do this article ... thank you, Avis!

All of us on the board want to encourage members to let us know of any ideas you may have about noon program meetings and professional development events for the coming year. We sincerely want to provide you with meaningful events.



Looking forward to seeing you all at upcoming events!

Bill Warren, President

## *And a good time was had by all!*

*By Avis French*

Once again, the National Management Association (NMA), in partnership with the Institute of Certified Professional Managers (ICPM), has put on a wonderful annual conference, this time in beautiful San Diego! We had the sights and sounds of the bay and the waves, and the harbor seals playing in the Seal Pool to keep us company as we wended our way through workshops, recognition events, social events, and a (less than silent) silent auction

The conference began in earnest on Saturday morning; November 1, with a "Meet and Greet" sponsored by ICPM, and followed by an update of the Certified Manager program.

The opening Keynote luncheon featured Scott Friedman, CSP, talking about "Using Humor for a Change." He had us rolling in the aisles with his anecdotes about situations when he used humor to survive. Using positive humor creates a bond between people, enabling them to work cooperatively together. Scott followed up his keynote address with a workshop entitled "Dealing with Change: If you can laugh at it, you can survive it!" This workshop provided more practical applications of using humor to handle situations.

The finals of the NMA speech contest for high school students were presented Saturday afternoon. Six young adults presented exciting and thought-provoking speeches on the American Free Enterprise system. Placing first and receiving a \$10,000 US Savings bond was Kyle Evora, freshman at the University of Texas in Austin. . In second place with a \$5,000 US Savings bond was Russell York, now a freshman at Patrick Henry. Receiving the third place award of a \$3,000 U.S. Savings bond was Matthew

*(Continued on page 2)*

## Developing the Leader in You

*And a good time was had by all! (Continued from page 1)*

Camp, a 17-year old home-schooled junior from Richland, Washington, Northwest Chapter. Also participating and receiving a \$500 cash award were: Louis R. Saint-Felix, a 15-year old junior, sponsored by the Lockheed Martin Leadership Association, Montgomery County/Rockville chapter; Sarah Maresh, now a freshman at the University of Nebraska in Lincoln, and sponsored by the Nebraska State Government Chapter; and Sam Strozzo, a high school senior, sponsored by Gulfstream Management Association and the Peach Council. Congratulations to all these fine speakers.

The NMA Annual Meeting and Report was lead by Eddie Williams, 2008 Chairman of the Board, and Steve Bailey, NMA President. New National Directors were inducted, as were new area and committee chairs. Leading the 2009 NMA team will be Philip Delia, Jr., incoming Chairman of the Board, from Blue Cross Blue Shield of Michigan. More information about the 2009 leadership team will be available on the NMA website near the end of the year ([www.nma1.org](http://www.nma1.org)). Also at the annual meeting, the team announced changes in the way the speech contest will be conducted: the chapter level event and the council level event will not change. At the area event, only the top two speakers from each of the Leadership Development Conferences will go forward to the final competition, receiving cash prizes of \$1000 for first place and \$500 for second place. Thus there will be only four students at the final competition. The cash prizes at the final competition will be \$4000 for first place, \$1000 for second place, and \$500 each to the other two competitors.

## Mixing Generations in the Workplace

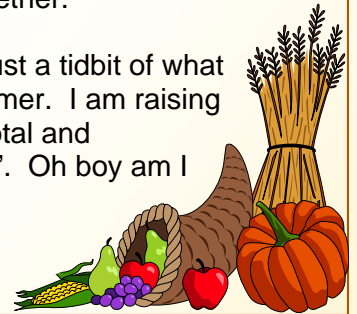
*By Susan Butler*

What an interesting session! Lynn Woodhouse, MS, RD, SPHR, conducted a seminar on Coaching and Managing Four Generations in the Workplace on November 4th.

Did you know that for the first time, there are four generations in the workplace? Matures, born prior to 1946; Baby Boomers, born from 1946 to 1965; Gen Xers, born between 1965 and 1980; and Millennials (also known as Gen Y) born after 1980.

Lynn described the generational biases for each group and provided some coaching tips to help the generations work better together.

The hour flew by. Here is just a tidbit of what I learned: I am a Baby Boomer. I am raising a Gen Y child, and I am a total and complete "helicopter parent". Oh boy am I in trouble ...!



*Avis French, third from left, and other previous recipients of National Member of the Year, at the San Diego conference.*

## Quotable Quotes

Thanksgiving Day comes, by statute, once a year; to the honest man it comes as frequently as the heart of gratitude will allow.

~Edward Sandford Martin

# *Don't Miss:*

*The National Management Association  
cordially invites you to its  
annual holiday party*

## *"Holiday Celebrations Around The World"*

*December 2, 2008  
12 noon  
Assembly Room*

*Hors d'oeuvres and dessert will be served*

*R.S.V.P. by November 26th  
Ms. Claudia Alarcon: x2135  
email: Calarcon@ladhs.org*

*Pass on the holiday spirit:  
Please bring an unwrapped gift  
for a male or female adult patient.*



## Developing the Leader in You

**Keep those books and magazines coming!** The Volunteer Office and the patients greatly appreciate everything we have donated. The need for reading materials is ongoing. They are in particular need of children's books and Spanish language books/magazines.

**Thank you all for your generosity!**

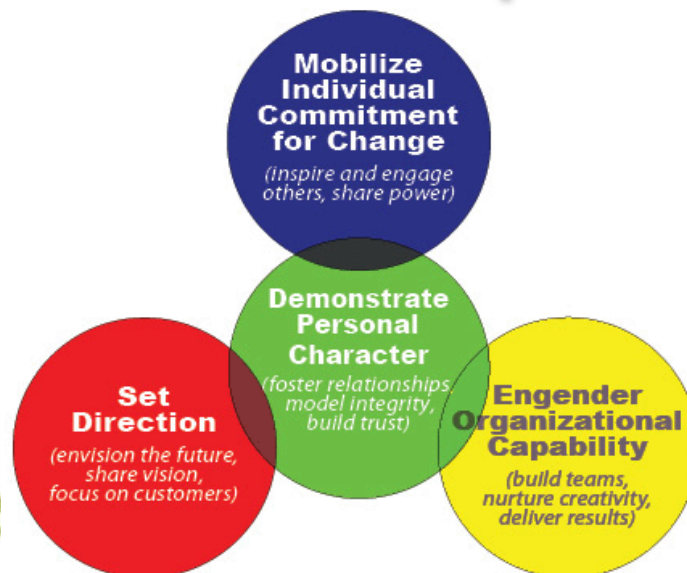


# Statement of Principles

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

- *We believe in the highest standards of personal and organizational integrity and respect for the individual.*
- *We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.*
- *We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.*
- *We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.*
- *We believe that individuals and organizations have a community and civic responsibility.*

## The NMA Leadership Model



## *Developing the Leader in You*

### **NMA Fiscal Year 2008/2009 Board of Directors**

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### **Contributions to the Newsletter?**

All submissions must be received by the 15th of the month for publication in that month's newsletter.

Contact: Annie McCary, Editor  
Phone: 310-781-36482  
E-mail: [amccary@labiomed.org](mailto:amccary@labiomed.org)

### **Mission Statement**

The mission of the NMA is to provide management and leadership development opportunities and related chapter activities which meet the needs of the members and contribute to the effectiveness of sponsoring organizations.

### **Vision Statement**

NMA is the recognized worldwide partnership of people and businesses inspiring outstanding leadership, and cultivating highly productive workplaces.

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*Happy Thanksgiving!*