



Chapter Chitchat
Harbor-UCLA Chapter of the
National Management Association
"Developing the Leader in You"

Presidents' Message

Dear Harbor-UCLA NMA Member:

We are now well into our 3rd month of FY 2007-08. We have a special treat this month, please join us welcome our new members to our association on the 2nd of October. It is a joy to bring in new ideas and faces to our association.

Our membership drive doesn't end there. We welcome many participants who would like to become members for this fiscal year. Please ask our Board how.

We have exciting programs coming up before the end of the year of 2007. Our Board of Directors are working hard in providing professional development programs and activities to challenge your mind and also inspire your heart as a leader.

We want to encourage all members to really get involved with the NMA. Come and visit us again in November for the first Tuesday of the month. Our luncheons are held every month where we learn secret tips on how to be a successful performer.

We also encourage you to sign-up for our Professional Development courses that teaches you step-by-step on how to become a leader.

We are focused on continuous improvement. Let's not set for good, let's together aim for greatness!

Cynthia M. Oliver & Calvin Kwan



Don't Miss This Event!

NMA cordially invites you to attend a very special program this Tuesday...

2007 New Member Luncheon

Exclusively for NMA Members!

Tuesday, October 2nd, 2007

12:00 noon

(1st Floor Assembly Room)



Are you a current or new NMA Member?

Lunch is free with your RSVP to Amy Teixeira at ATEIXEIRA@LABIOMED.ORG

Please respond by

Tuesday, September 25th.

Haven't renewed your membership yet? Don't miss out!

Get a renewal form from Bill Warren at BWARREN@LABIOMED.ORG

What to Eat



At our September 4th meeting, Dr. Rob Bates, D.C. , owner of **Bates Chiropractic**, spoke to our chapter on the topic of nutrition for maximum performance. He shared some great tips with us for weight loss and overall health. He reminded us to eat a wide variety of fruits and vegetables, choose high fiber whole grains over processed carbohydrates, and drink plenty of water.



Dr. Bates also challenged us to think outside the traditional food pyramid and encouraged us to eat more plant-based sources of protein like legumes and soy products.

Dr. Bates specializes in nutrition and sports injuries and has a practice in Manhattan Beach. For more information, visit Dr. Bates' website at <http://www.bateschiropractic.com/>.



Welcome New Members



Please take a moment to salute our newly signed members of our association:

Chandra Fechtelkotter
Vice President of Institutional Advancement Department
LA BioMed

Louise Flowers
Director of Environmental Safety Department
Harbor-UCLA Medical Center

Yolanda Ramirez
Clinic Coordinator/Case Manager
Harbor-UCLA Medical Center

Sheldon Steier
Director of Major Gifts Department
LA BioMed

Bryce M. Tyler
Administrative Assistant III of Pediatrics Department
Harbor-UCLA Medical Center

Sophia Watkins
Assistant Nurse Manager of Nursing Department
Harbor-UCLA Medical Center

We thank you for your support in being part of our Association. We hope this wonderful association will connect you with other leaders outside your office, allow you to share your leadership qualities with other members, and educate you on professional development with professional experts. At NMA, not only is our mission to "Develop The Leader In You", but we are dedicated to managerial excellence, personal and professional growth, and leadership development.



Editors Corner-
Member of the Month

Diana M. Jones



Diana Marie Jones came to Los Angeles Biomedical Research Institute on August 1, 2000. She is the Administrative Manager for the President's Office, Kenneth Trevett of the Institute. Her responsibilities include managing the office, scheduling, creating databases and any other opportunity that utilizes her computer skills. Diana is a whiz when it comes to computers and mentions that her second career of choice would have been computer programming.

Thanks to Nettie Nelms, Diana has been part of NMA for six years. She enjoys networking with other members of the association and attending the workshops. She had previously been part of the NMA Board as a Secretary for two years.

Her hobbies include gardening, collecting trains with her husband, and raising two beautiful horses. Her horses are named Johnny and Dusty who are 1/2 brothers.

Diana's philosophy about life is "Work Hard, Do the Best You Can and Try Not to Stress On It."

Reasons Why to Join the NMA

#1 **Learn, Grow, Develop**

Take advantage of countless professional learning and growth opportunities by attending conferences and other informative, and exciting events.

#2 **Network**

Regularly attend chapter and council meetings provides opportunities to find out how you can work together with NMA colleagues to add value to your company and community while enhancing your own career.

#3 **Challenge Yourself**

Maximize your professional growth and potential through the Certified Manager Program, lunchtime webinars, and professional development seminars.

#4 **Be Informed**

Check out our chapter publications Chapter Chitchat, and don't overlook Breaktime, NMA's national online newsletter, for important information on national and local events and the latest professional development opportunities.

#5 **Join a Committee**

Signing up and stepping up will help you discover, develop and showcase your individual and team leadership talents while helping your chapter to excel as well.

#6 **Serve Your Community**

Be an active, enthusiastic part of your chapter's community involvement efforts.

#7 **Be Connected**

Bookmark NMA1.org, your trusted link to local, regional, and national NMA information, where you can get insight and ideas from throughout the organization.

#8 **Celebrate our Diversity**

NMA...The Leadership Development Organization welcomes leaders of every age, race, gender, and ethnicity.

#9 **Improve your Communication Skills**

We all know we need to "communicate, communicate, communicate." Every meeting is an opportunity to enhance your communication skills and hear from the experts about the approaches that work.

#10 **NMA...THE Leadership Development Organization**

The Chapter at Harbor-UCLA Medical Center is your trusted source for invaluable professional and personal growth experience.

NMA... Developing The Leader in You!

Leadership is about movement... taking people, ideas, processes and business from where they are, to where they need to be. Is there a skill set to being a leader? You bet. Can NMA get you there faster than you can make the journey on your own? Definitely.

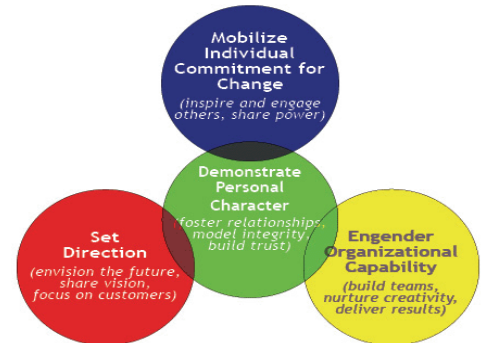
NMA Chapters and our Individual Membership Program are dedicated to building leadership bench strength and harnessing the leadership qualities that reside in all of us. You don't have to sit in a corner office or somewhere on the top floor to have influence. Each of us can learn to move mountains, no matter where we sit in the organization.

In the contemporary workplace, success is measured by how well you forge and form collaborative relationships. You must learn to facilitate, not dominate; influence, not enflame; and disagree without being disagreeable. These aren't just survival skills... they're leadership skills as well.

NMA's Leadership Model outlines those leadership attributes and related core competencies that are critical to successful organizational outcomes. They mirror and reflect strategic direction and are undeniably linked to business strategies. This leadership framework can be integrated throughout at all levels of the high-performing organization.

Our customers... a broad cross section of business and industry... look to NMA to help them identify, nurture, and tap future leaders. "Developing The Leader In You" can't simply be a line in a masthead; it is our mission... and our vision.

The NMA Leadership Model



Derived from a similar model in Results Based Leadership by Ulrich, Zenger, & Smallwood.

Come explore and learn more about our exciting professional and educational organization. www.nma1.org

Statement of Principles

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

- We believe in the highest standards of personal and organizational integrity and respect for the individual.
- We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.
- We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.
- We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.
- We believe that individuals and organizations have a community and civic responsibility.

October 2007

402 Harbor-UCLA Medical Center Chapter
Harbor-UCLA Medical Center
1100 West Carson Street
Torrance, CA 90500

Phone: 310-222-3711
Contact: Bill Warren, Membership Secretary
E-mail: bwarren@labiomed.org
Website: www.nma1.org

Developing the Leader in You

Mission Statement

The mission of the NMA is to provide management and leadership development opportunities and related chapter activities which meet the needs of the members and contribute to the effectiveness of

Vision Statement

NMA is to recognized worldwide partnership of people and businesses inspiring outstanding leadership, and cultivating highly productive workplaces.



NMA Fiscal Year 2007/2008 Board of Directors

Cynthia Moore-Oliver & Calvin Kwan
President: Co-Chair

Nettie Nelms & Amy Teixeira
First Vice President: Co-Chair

Dennis Campos & Dawn Flores de Ramirez
Second Vice President: Co-Chair

Bill Warren & Eileen Mosler
Membership Secretary: Co-Chair

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Ways and Means

Pam Shea
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